



## Spa Info

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Operating hours from 10.00am to 18.00pm.

Please, make your reservation dialing 0 or at the front desk.

Kindly contact our in-house spa therapist to help you create a Spa Package that best fits to your individual holiday needs.

In case you wish to change your appointment, please let us know at least 2 hours prior to the therapy. Should you wish to proceed to modification or cancellation of your appointment within 2 hours prior to your scheduled appointment, please note that there will be a 50% cancellation fee.

Please, for reasons of health, you may have a shower before your body treatment and be free of oils and crèmes.

## Spa Menu

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### MASSAGE

#### Upper or Lower hemisphere of the Body Massage

A relaxing massage on the upper (back, neck and shoulders) or the lower (legs and feet) part of the Body. The techniques can release the muscle tension and melt away the stiffness.

*Duration: 30 minutes*

*Price: €50*

#### Holistic Massage

A full Body massage that contains therapeutic techniques, which melt away the muscle pain. The treatment also, combined with an Organic oil blend with olive oil and neroli, with aromas could release the spirit.

*Duration: 60 minutes*

*Price: €90*

#### Lymphatic Massage

A full Body massage that includes techniques which improve the blood's stimulation and the drainage of the lymph. As a result, it maintains the body in overall better condition improves the metabolism also, seems to combat cellulite and localize fat.

*Duration: 60 minutes*

*Price: €80*

### **Deep Tissue Massage**

Full Body deep tissues massage that deals with the deep muscles. The treatment combined with trigger point therapy on specific points of the muscles, as well as stretching. Deep tissue massage is a bit stronger treatment but, is deeply relaxing and helps the metabolism itself.

*Duration: 60 minutes*

*Price: €95*

### **Kinesis Therapy**

A Body treatment ideal for neurological disturbances or skeletal dysfunctions. It contains a massage in order to warm up the muscles and increase the blood's stimulation. Stretching that deals with the mobility of the short muscles. After all, manual therapy techniques could release the movement of the joints.

*Duration: 60 minutes*

*Price: €95*

### **On the Rocks Massage**

A full Body relaxing massage which is delivered on your private terrace. The techniques in combination with the outside environment that is based in blue relax the body and harmonize the soul.

*Duration: 60 minutes*

*Price: €105*

## **OTHER BODY TREATMENTS**

### **After Sun Body Care**

A nourishing full Body treatment based on organic Aloe Vera and natural extracts of Lemon and Chamomile. The 100% organic Aloe Vera gel with Vitamins (A, C and E), has a cooling effect, enhances skin's hydration and protecting its elasticity.

*Duration: 75 minutes*

*Price: €95*

### **Body Care with Herbs from Ancient Greek Tradition**

A full Body treatment based on mastic and citrus essential oils has slimming and anti-cellulite effect, as well as gives an antioxidant protection. The Herbal Body scrub with Sugar crystals cleanses and leaves the skin smooth. After, a nourishing herbal mask with dried natural flowers, offers a unique toning and revitalizing experience for body.

*Duration: 75minutes*

*Price: €95*

### **Golden Line Body Care**

A luxury full Body treatment with 23k Gold, silk, ginger and special firming actives. The treatment improves the elasticity of the skin and stimulates lipolysis. The ginger extract in the Body scrub gives an anti-cellulite effect. The Body scrub with Gold 23k and silk is the ideal for a silky smooth and moisturized skin.

*Duration: 75 minutes*

*Price: €95*

## **FACE TREATMENTS**

### **After Sun Face Care**

The bio After Sun Care is ideal for the sun-exposed skin. By moisturizing the face, the mask can repair all damage by taking advantage of the beneficial ingredients of the vitamins and herbal benefits. After the end of the treatment the skin is soothed and its elasticity is restored.

*Duration: 50 minutes*

*Price: €50*

### **Olive and Herbs Anti-aging Face Treatment**

An exfoliating, anti-aging treatment based on medical plants and herbs from ancient Greek therapeutic tradition. The face scrub with organic Olive cleanses and leaves the skin soft and smooth. The face mask contains antioxidant extracts like virgin Olive oil, soothing extracts like Chamomile, Calendula, and Vitamins. The treatment ends with a firming crème rich with a fresh aroma that tone the spirit.

*Duration: 50 minutes*

*Price: €50*

### **Men's Care**

An anti aging skin care for men with Hyaluronic acid and Ginseng extracts. The treatment soothes and calms the skin after the shaving, fights wrinkles and expression lines and improves the elasticity. After all leaves a fresh, matte and toned appearance.

*Duration: 50 minutes*

*Price: €50*

### **Gold Line 23Karat**

An anti-wrinkle face treatment based on pure Gold, Silk protein, marine collagen, Hyaluronic acid and innovative of anti-aging Oligopeptides (the latest research on the use of Oligopeptides in Cosmetology). The gel mask that contains rejuvenating 23 karat Gold, Silk proteins , a special anti-wrinkle mixture of Oligopetides and a botanical complex of Chamomile, Wild Rose and Bearberry extracts ,tones and improves skin's elasticity. A highly silky textured face crème helps to reduce expression lines and wrinkles. Leaves the skin silky, supple and radiant.

*Duration: 50 minutes*

*Price: €60*

### **Red Vine Radiance Skin Care**

Luxury treatment based in the antioxidant capabilities of red grapes. The Red Vine mask is contained with Red Vine Leaf extracts, cleanses tones and gives to the skin a brighter and fresher look. After the mask a moisturizing, firming crème that contains Ceramides, Hyaluronic acid and Vitamins, helps the skin regain its tone and elasticity, while preserving hydration and preventing skin dryness.

*Duration: 50 minutes*

*Price: €60*