

## Spa Info

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Open from 10.00am to 18.00pm.

Please, contact the reception to make an appointment

Our spa therapist is at your disposal to help you create a Spa Package that best fits you.

In case you wish to change your appointment, please let us know at least 2 hours prior to your booking. If you wish to make any modification or cancellation within 2 hours before your appointment, please note that there will be a 50% cancellation fee.

Please, for hygiene reasons, you may have a shower before your treatment and be free of oils and crèmes.

## Spa Menu

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### MASSAGE

#### **Upper or Lower hemisphere of the Body Massage**

A relaxing massage on the upper (back, neck and shoulders) or the lower (legs and feet) part of the Body. The techniques can release the muscle tension and melt away the stiffness.

*Duration: 30 minutes*

*Price: €50*

#### **Pregnancy Massage**

We love and support pregnant women so this experience is designed just for you. The purpose of this massage is to relieve back and neck pain, but also includes hands and scalp massage for maximum relaxation.

*Duration: 30 minutes*

*Price: €50*

#### **Candle Massage**

Allow yourself to relax as the warm oil deeply penetrates the skin's surface releasing its beneficial properties, releasing you from all your muscle tension and negative thoughts. An outstanding experience of aromatherapy, relaxation and well-being for your head, neck, back and hands.

*Duration: 45 minutes*

*Price: €75*

Go **Full Body** for a holistic experience.

*Duration: 60 minutes*

*Price: €100*

### **Traditional Greek Massage**

Traditional Greek massage is a very special technique as silicone suction cups are used all over the back, it is extremely therapeutic as it helps with the better perspiration of the area, it also has special stretches on the neck, legs and arms which are done with towels for immediate relief.

*Duration: 60 minutes*

*Price: €100*

Combine it with a **Body Care with Herbs from Ancient Greek Tradition** and feel a unique revitalizing experience for your body.

*Duration: 80 minutes*

*Price: €120*

### **Deep Tissue Massage**

Full Body deep tissues massage that deals with the deep muscles' tension. The treatment combined with trigger point therapy on specific points of the muscles, as well as stretching. Deep tissue massage is a bit stronger treatment but, is deeply relaxing and helps the metabolism itself.

*Duration: 60 minutes*

*Price: €100*

Combine it with a **golden line – ginger body gel mask** and indulge yourself in a luxurious slimming and firming treatment.

*Duration: 80 minutes*

*Price: €120*

### **JADE Hot Stones Massage**

It is a therapeutic technique using the Jade stones. As soon as these stones get cold, they take on a deep relaxing state. Many people are more vulnerable to illness due to the electromagnetic waves the body receives. The therapy can block the electromagnetic waves and has also a great deodorant capacity that eliminates bad smells. In Korea people used to use them for their antibacterial power.

*Duration: 60 minutes*

*Price: €100*

Combine it with a **Golden Line Body Care** and enjoy a luxury full body treatment that lets you with a silky smooth and moisturized skin.

*Duration: 80 minutes*

*Price: €120*

### **On the Rocks Massage**

A full Body relaxing massage which is delivered on your private terrace. The techniques in combination with the blue landscape, make the body relax and harmonize the soul with the environment.

*Duration: 60 minutes*

*Price: €100*

Combine it with a **chocolate body mask** which is ideal for hydration, firming and local slimming treatment. The feeling of chocolate on the skin and its rich natural aroma create well-being and relax from stress.

*Duration: 80 minutes*

*Price: €120*

## **OTHER BODY TREATMENTS**

### **After Sun Body Care**

A nourishing full Body treatment based on organic Aloe Vera and natural extracts of Lemon and Chamomile. The 100% organic Aloe Vera gel with Vitamins (A, C and E), has a cooling effect, enhances skin's hydration and protecting its elasticity.

*Duration: 75 minutes*

*Price: €100*

### **Body Care with Herbs from Ancient Greek Tradition**

A full Body treatment based on mastic and citrus essential oils, that has slimming and anti-cellulite effect, as well as it gives an antioxidant protection. The Herbal Body scrub with Sugar crystals cleanses and leaves the skin smooth. After, a nourishing herbal mask with dried natural flowers, offers a unique toning and revitalizing experience for body.

*Duration: 75minutes*

*Price: €100*

### **Golden Line Body Care**

A luxury full Body treatment with 23k Gold, silk, ginger and special firming actives. The treatment improves the elasticity of the skin and stimulates lipolysis. The ginger extract in the Body scrub gives an anti-cellulite effect. The Body scrub with Gold 23k and silk is the ideal for a silky smooth and moisturized skin.

*Duration: 75 minutes*

*Price: €100*

### **Chocolate Body Treatment**

Antistress body treatment based on natural Cacao combined with special slimming and firming actives.

Fights orange-peel skin, firms and moisturizes while leaving a stress-free feeling.

*Duration: 75 minutes*

*Price: €100*

## FACE TREATMENTS

### After Sun Face Care

The bio After Sun Care is ideal for the sun-exposed skin. By moisturizing the face, the mask can repair all damage by taking advantage of the beneficial ingredients of the vitamins and herbal benefits. After the end of the treatment the skin is soothed and its elasticity is restored.

*Duration: 50 minutes*

*Price: €50*

### Olive and Herbs Anti-aging Face Treatment

An exfoliating, anti-aging treatment based on medical plants and herbs from ancient Greek therapeutic tradition. The face scrub cleanses and leaves the skin soft and smooth. The face mask contains antioxidant extracts like virgin Olive oil, soothing extracts like Chamomile, Calendula, and Vitamins. The treatment ends with a firming crème rich with a fresh aroma that tones the spirit.

*Duration: 50 minutes*

*Price: €50*

### Men's Care

An anti aging skin care for men with Hyaluronic acid and Ginseng extracts. The treatment soothes and calms the skin after the shaving, fights wrinkles and expression lines and improves the elasticity. After all leaves a fresh, matte and toned appearance of the skin.

*Duration: 50 minutes*

*Price: €50*

### Gold Line 23Karat

An anti-wrinkle face treatment based on pure Gold, Silk protein, marine collagen, Hyaluronic acid and innovative of anti-aging Oligopeptides (the latest research on the use of Oligopeptides in Cosmetology). The gel mask that contains rejuvenating 23 karat Gold, Silk proteins, a special anti-wrinkle mixture of Oligopeptides and a botanical complex of Chamomile, Wild Rose and Bearberry extracts, tones and improves skin's elasticity. A highly silky textured face crème helps to reduce expression lines and wrinkles and leaves the skin silky, supple and radiant.

*Duration: 50 minutes*

*Price: €60*

### Red Vine Radiance Skin Care

Luxury treatment based in the antioxidant capabilities of red grapes. The Red Vine mask is contained with Red Vine Leaf extracts, cleanses tones and gives the skin a brighter and fresher look. After the mask a moisturizing, firming crème that contains Ceramides, Hyaluronic acid and Vitamins, helps the skin regain its tone and elasticity, while preserving hydration and preventing skin dryness.

*Duration: 50 minutes*

*Price: €60*