

ON THE ROCKS SPA

The Ultimate Wellness Experience

On the Rocks Santorini and Ariadne Athens have set their standards high and are off to launch your senses to a newfound level of delight.

We propose bespoke therapies aligned with a unique destination and inspired by its natural elements. The main purpose is to rebalance and renew, from inside out. Local ingredients are utilized seamlessly, connecting each destination's native and organic elements with the latest techniques in cosmetology.

Merging unique bio-actives with natural and rare, organic Greek & Mediterranean ingredients, award-winning Spa Brand Ariadne Athens aspires to provide the ultimate skin care experience, with products which promise to give the skin a soft and delicate texture, embellishing its inner beauty.

Luxuriate yourself in a series of carefully designed rituals that carry the seal of excellence that we have to offer. Choose among a wide range of outstanding treatments which emphasize on the uniqueness of a deluxe, natural, and pampering practice.

MASSAGES

We have carefully designed for you a series of luxury massages, that target specific needs; The ones that challenge us every day. Choose from our wide range of specialized practices, and spoil yourself with a mythical, sensational experience in a euphoria retreat.

RELAX & UNWIND MESSAGE (60 min) 100 €

Relaxing massage ritual.

Unwind and de-stress with this aromatic bespoke treatment. This soothing massage technique uses light to moderate pressure and a blend of essential oils to melt away tension. This harmonizing experience is a simple and effective way to let go of tensions, improve health, balance emotions, increase calmness and relaxation.

MELTING SENSATION CANDLE MESSAGE (60 min) 120 €

(seductive /energizing /detoxing / relaxing)

Indulge your senses in a mystifying massage ritual that will entice your body and mind. Lay back and unwind while the heated solid waxes slowly turn into liquid oil, releasing their intoxicating aromas. Feel the delicately scented warm drops touch your skin, and envelop your whole body in a velvet textured massage that will satisfy even the most demanding

massage recipient. Succumb, as the warm oil deeply penetrates the skin's surface, releasing its unique beneficial properties, and its sensuous fragrance seduces the mind. A unique aromatherapy experience, relaxing & rejuvenating that promotes bliss, balance and well-being.

DEEP TISSUE MASSAGE (60 min) 120 €

Muscle release massage

The deep tissue massage is tailor-made to target specific areas of muscle tension and soreness. A series of intensive techniques is used to increase circulation, release built-up toxins, heal and restore balance to the body and nervous system. Feel your muscles release all the tension, while the luxurious naturally scented oils envelope your skin and exhilarate your mind.

WELLNESS RITUALS

Use the opportunity to enrich your holiday experience with wellness and wellbeing practices. Assess your stress levels and choose from our wide range of outstanding serene rituals which we offer. Ariadne Athens inspires well-being through revitalizing therapies and result driven beauty care.

UNDER THE MOONLIGHT (2h) 180 €

Luxury anti-aging face & body treatment

An exhilarating touch for your skin, a unique ritual for your senses, a rejuvenating journey for your soul. The renowned power of crystals rejuvenates every cell of your skin, as the properties of rose quartz, aquamarine and moonstone orchestrate the most luxurious and perfectly balanced anti-ageing treatment. Sparkling jasmine, gardenia and mastiha gently exfoliate the skin, offering the softest touch and preparing the body for the beneficial properties of our firming and deeply nourishing 24K gold and gemstone masks. Followed by a specially designed massage technique, which combines rose quartz crystals and warm sand pouches, this treatment aspires to offer your skin ultimate lifting properties, while guiding your senses to a sublime journey of the spirit.

Key Elements: Welcome Touch, Face & Body Scrub, Face & Body Mask, Face Massage with Crystals & Full Body Massage with warm Sand Pouches, Final Skincare.

WINE HARVEST (1h 30min) 150 €

A ritual for spa connoisseurs

Inspired by the vineyards of Santorini, this exhilarating experience of relaxation and wellness, releases and calms, both body and mind. A lush deliverance of olive kernels, red grape and rose petals indulge the skin in a soft body scrub, while proprietary antioxidants and vitamins

are comprised in the nutritious mask that follows. Sparkling notes of bergamot and a mask of sun-soothing yogurt and honey are applied to immerse the skin in a bath of freshness and hydration. An enveloping aromatherapy massage with a warm candle grants total relaxation, completing this ultimate sensation. The alluring ritual ends with a refreshing glass of wine that brings a euphoric feeling, while also stimulating your senses.

Key Elements: Welcome Touch, Body Scrub, Body Mask, Candle Massage, Glass of Wine.

UNDER THE SUN (45min) 90 €

After sun face & body treatment

The ultimate after-sun care for your skin. This treatment embodies the refreshing properties of sea water drops and the calming benefits of a corn flour, combined to help restore skin's moisture. Inflammation and skin-irritation are minimized, offering a unique sense of relief after sun exposure. On one hand, Greek yogurt offers a healing and regenerating action and on the other, water lily combined with aloe helps improve overall skin's appearance. Gradually, your skin regains its own strength to fight external stressors, while the skin's natural moisture barrier becomes more resilient to maintaining its natural hydration levels. Feel your skin calm, soothed and moisturized with a naturally healthy appearance.

Key Elements: Welcome Touch, Face & Body Mask, Final Skincare

FACE EXPERIENCES

An exhilarating journey that travels the mind and soul to the unique, picturesque landscapes of Greece. Inspired by the sumptuously relaxed atmosphere the Mediterranean blue sea has to offer, these lavish facial rituals promise to indulge your skin with their velvety textures and sensual aromas, while revealing a firmer, more hydrated, supple, radiant look. Allow yourself to enjoy the ritual that complements your individual needs best, from one of the following choices.

MELI (60 min) 100 €

Vital hydration and nutrition.

A highly rejuvenating and ultimately hydrating experience dedicated to the richness of local flavors and aromas, such as sage, honey and other nourishing elements that instantly restore your skin's hydration levels. Feel your skin soft and supple with an immediately healthy and radiant appearance. Allow yourself to experience the soothing effect of rosewater intertwining with the thirst-quenching aromas of lime, while your skin indulges in the unique moisturizing benefits of our precious honey mask. Soothing apricot oil envelops skin with anti-ageing benefits, while the final skincare routine ensures that the moisturizing aspects are maintained thereafter.

LUNAR GRACE LUXURY ANTI-AGEING FACE TREATMENT (60 min) 110 €

Luxury anti-aging facial with crystals.

The ultimate anti-ageing experience for your skin, empowered by precious gemstones for a totally glass skin effect. Specifically designed to target dullness, dryness, wrinkles and sagging, this treatment promises to reduce fine lines and wrinkles, support thin, fragile skin and increase its elasticity and firmness. Rose Quartz Crystals contribute to the specially designed facial massage, focusing on minimizing fine lines and wrinkles, as the proprietary blend of evening primrose and Ylang-Ylang repairs and rejuvenates the skin, promoting an overall youthful appearance, with a visibly firmer, tighter and lifted look.

SKIN REBIRTH (60 min) 110 €

Bespoke Miracle Skin Renewal.

A high-performance, all-in-one, innovative treatment that promises to diminish the look of fine lines and wrinkles, deeply moisturize and regenerate the skin, reinforce natural cellular turnover and improve overall appearance. Our star product, Skin Rebirth Miracle Skin Reinventing gel, infused with the remarkable healing effects of alkanna tinctoria root and its multiple anti-ageing, anti-oxidant and anti-inflammatory properties, promises to soothe, heal and regenerate your complexion. Your skin is recharged. Your skin is reformed. Your skin is reborn.

MINI RITUALS

Choose to delight yourself in one of our short-timed rituals that promise to satisfy your senses and indulge your skin, while allowing you to meet your busy schedule. Instantly revitalize and obtain a luminous, healthy glowing look. Set yourself free from any kind of tension and ward off a stressful day.

URBAN ESCAPE (45 min) 90 €

Relaxing back ritual

Delight yourself in a 40 min treatment that will allow your senses to escape from everyday routine. This treatment focuses on releasing all the tension from your back, neck and shoulders, while the luxurious chocolate and orange peel fragrance envelops your skin and exhilarates your mind. The brown sugar, mocha scented, crystals gently buff away dry skin cells revealing a soft and smooth skin. The aromatic notes of real Chocolate and Orange peel oils that cover your skin, allow for the most supple and radiant look.

FATIGUED LEGS RELIEF MASSAGE (45 min) 90 €

Light legs treatment

Refreshing notes of spearmint mingle with the velvet texture of sugar crystals to slowly stimulate the blood flow and offer a cooling sensation, as the body scrub smooths away dry, flaky skin. The massage that follows with the gel mask imbued with Aloe and menthol, offers absolute relaxation to the tired legs, as the red grape gel, rich in antioxidants, nourishes and renews the skin. Finally a calming yogurt powder mixed with the red grape gel, offers ultimate comfort for tired legs, while your skin feels soft and supple.

CONFETTI RAINFALL SHOWER (30 min) 60 €

Full body scrub

A full body exfoliation treatment, fast and invigorating, with the luxuriant captivating aromas of jasmine and gardenia. Delicate white sugar crystals softly remove dead skin cells, while promoting body circulation. As a result, the body's skin regains its elasticity and smoothness while obtaining a velvet touch with a fresh, radiant, healthy look. At the end, the delicate scented jasmine and gardenia body butter seals in all the moisture and nourishment.

SPA ETIQUETTE

Our Spa environment is one of relaxation and tranquility. Please respect all Spa guests' right to privacy and serenity. Considering this, the Spa is a smoke-free and mobile phone free zone (please enable silent mode on your device).

SPA ARRIVAL

We ask that you arrive 15 minutes before your appointment time to allow yourself time to relax and to complete a health questionnaire which will help us personalize your spa visit. To ensure we give the best possible experience to all our spa guests. If you are running late your treatment time will be shortened to ensure the next guest is not delayed.

ADVANCED BOOKINGS

To schedule an appointment for the perfect treatment, please speak with our Spa therapist who will guide you to the right choice. To ensure your preferred time and treatment is available we do advise booking in advance. Our therapist is highly trained to be sensitive to your comfort and modesty at all times.

HEALTH CONDITIONS

Please advise us of any health conditions, allergies or injuries that could affect your experience when making your spa reservation. Heat & water facilities are not recommended for pregnant women.

CANCELLATION POLICY

In case you wish to change your appointment, please let us know at least 2 hours prior to your booking. If you wish to make any modification or cancellation within 2 hours before your appointment, please note that there will be a 50% cancellation fee.

HYGIENE

We would kindly ask you to have a shower before your treatment, to remove any oil or creams you may have.

OPENING HOURS 10:00-18:00

Please contact the Reception to book your
appointment

